



2020 ATU National Championship GENERAL INFORMATION

- **Hosted By:** American TaeKwonDo United (ATU)
- **Organized BY:** Georgia State Taekwondo United (GSTU)
- **Date:** May 23rd and 24th , 2020
- **Location:** World Congress Center, GA
- No Registration will be accepted after May 18th, 2020
- The current ATU Rules and Regulations and modified rules of the World Taekwondo (WT) will govern these Championships for the Sparring and Poomsae divisions rule.
- **All Regular Sparring competitors** must bring their own safety gear including chest protector, headgear, shin/instep guards, forearm guards, protective cup, mouthpiece and **a standard white V-neck uniform** in good condition. Black trim around the collar is allowed for black belts.
- **Any type of Glass/Sports Glass wear is NOT allowed for Sparring Competition.**
- World Class Sparring Competitors = All Black Belt competitors (age 10 and Older) who will compete in the Electronic HoGu division (Kp & P).
- ATU Team Selection (Adults Rule) – World Class Sparring 12-14 and 15-17 Black Belt
- **All World Class (Sparring and Poomsae) will not be able to participate in REGULAR division.**
- **Registration Fee: Regular Division(Sparring and Poomse): One Event - \$110, Two Events - \$140
Breaking - \$130 (5 Boards will be provided), Breaking + One Event = \$160, Two Events = \$190
Special Division: World Class/ Sports Poomse/ Team Poomse - \$130, \$50 for each additional event and Membership Fee \$30. Coach - \$50**
- **General Admission:** \$20.00 (Under 4 years old is Free)
- **Individual Awards:** Sparring – One First Place, One Second Place, Two Third Place
Form – One First Place, One Second Place, One Third Place
- **Team Demonstration Awards (Scholarship):** One First Place - \$2,000
One Second Place - \$1,000
Two Third Place - \$500

*Visit our website for online Registration and you may obtain all the information at www.atuevents.info
More information call at 704 -771-4862 or atuoffice@gmail.com*

COMPETITOR'S APPLICATION FORM WILL **NOT** BE ACCEPTED
WITHOUT MEDICAL QUESTIONNAIRE FORM AND I.D. PHOTO

ALL FEES ARE NON-REFUNDABLE AND NON-TRANSFERABLE

Friday, May 22nd World Congress Center Atlanta, GA

ALL PRE-TOURNAMENT ACTIVITIES (WEIGH-INS) WILL BE HELD AT World Congress Center Atlanta, GA

5:30 PM to 9:30 PM – WEIGH-INS (for all Regular Sparring Competitors Only) Not for World Class
(Weigh-in for all World Class Sparring competitors must be done by Saturday, May 23rd Only)

7:00 PM ***Demonstration Team preliminary competition***

Saturday, May 23rd .2020 – World Congress Center, GA

Weigh-In Schedule (SPARRING ONLY)

07:30 AM to 8:30 AM – (Age 4 to 9 All Belts)

10:30 AM to 12:00 PM – Weigh-In at Tournament Site (Age 10 to 14 All Belts)

1:30 PM to 2:30 PM – Weigh-In at Tournament Site (All Belts Ages 15 and Older/ **World Class Sparring**)

5:30 PM to 9:30 PM – Weigh-In at Tournament Site (**World Class Sparring Only**)

Competition Schedule

9:00 AM – Form, Breaking and Sparring (Age 4 to 9 All Belts)

Must arrived at the floor at 8:30 AM

1:00 PM – (OPENING CEREMONIES and Team Demonstration Competition Final)

2:00 PM – Sparring, Breaking and Form (Age 10 to 14 – All Belts)

Must arrived at the floor at 1:30 PM

3:30 PM – Form and, Breaking and Sparring (Age 15 and Older – All Belts)

Must arrived at the floor at 3:00 PM

Sunday, May 24th. 2020 – World Congress Center, GA

9:00 AM - Sports Poomse, Pair Poomse and Team Poomse (**must arrived at the floor at 8:30 AM**)

9:00 AM – World Class Sparring (all **World Class Sparring** competitors, please check for your schedule at www.atuevents.info - “Division” – “Match Status” Saturday May, 23rd 11 PM)

ELIGIBILITY OF COMPETITOR

ALL COMPETITORS MUST BE 4YEARS AND OLDER.ALL COMPETITORS
MUST AGREE TO ABIDE BY THE RULES OF THE ORGANIZING COMMITTEE

Mandatory Equipment:

All regular sparring competitors must bring their own safety gear including chest protector, headgear, shin/instep guard, forearm guard, protective cup and mouth guard. **Any type of Glass/Glass wear is NOT allowed for Sparring Competition** a standard WT uniform in good condition, **white V-neck with black or white trim only around the collar.**

- Shin and instep protector, white only, elastic sponge-cushion type stocking.
- Forearm protector, same as shin/instep guard, but only covers from the elbow to the wrist.
- Protective cup worn inside the pants. **Chest protector, headgear and a Mouth Guard are mandatory for all sparring competitors.**

**PLEASE NOTE THAT THIS TOURNAMENT WILL FOLLOW THE RULES OF THE ATU AND WT
CERTAIN RULES AND/OR REGULATIONS ARE SUBJECT TO CHANGE AT THE DISCRETION
OF THE EXECUTIVE COMMITTEE/ORGANIZING COMMITTEE**

AGE 4-14 All Belt and AGE 15-17 *Color Belt*

GYOROOGI: (Sparring)

Age	Belt	Male	Female	Age	Belt	Male	Female
4-5 And 6-7	All Belts	Under 40 lbs.	Under 40 lbs.	8-9	All Belts	Under 55 lbs.	Under 55 lbs.
		40.1-52 lbs.	40.1-52 lbs.			55.1-67 lbs.	55.1-67 lbs.
		52.1-65 lbs.	52.1-65 lbs.			67.1-80 lbs.	67.1-80 lbs.
		65.1-78 lbs.	65.1-78 lbs.			80.1-92 lbs.	80.1-92 lbs.
		78.1-90 lbs.	78.1-90 lbs.			92.1-105 lbs.	92.1-105 lbs.
		Over 90 lbs.	Over 90 lbs.			Over 105 lbs.	Over 105 lbs.
10-11	All Belts	Under 65lbs.	Under 65 lbs.	12-14	All Belts	Under 72.75 lbs.	Under 63.93 lbs.
		65.1-78 lbs.	65.1-78 lbs.			72.76-81.57 lbs.	63.94 -72.75 lbs.
		78.1-90 lbs.	78.1-90 lbs.			81.58-90.38 lbs.	72.76- 81.57 lbs.
		90.1-102 lbs.	90.1-102 lbs.			90.39-99.20 lbs.	81.58- 90.38 lbs.
		102.1-115 lbs.	102.1-115 lbs.			99.21-108.02 lbs.	90.39- 97.0 lbs.
		Over 115 lbs.	Over 115 lbs.			108.03-116.84 lbs.	97.01-103.61 lbs.
15-17	All Belts	Under 99.2 lbs.	Under 92.6 lbs.			116.85-125.66 lbs.	103.62-112.4 lbs.
		99.3-105.8 lbs.	92.7-97.0 lbs.			125.67-134.48 lbs.	112.44-121.25 lbs.
		105.9-112.4 lbs.	97.1-101.4 lbs.			134.49-143.30 lbs.	121.26-130.07 lbs.
		112.5-121.3 lbs.	101.5-108.0 lbs.			143.31 and Over	130.8 and Over
		121.4-130 lbs.	108.1-114.6 lbs.				
		130.1-138.9 lbs.	114.7.1-121.3 lbs.				
		139.0-149.9 lbs.	121.4-130.0 lbs.				
		150.0-160.9 lbs.	130.1-138.9 lbs.				
		161.0-172.0 lbs.	139.0-149.9 lbs.				
		172.1 lbs. and Over	150.0 lbs. and Over				

POOMSE (Form)

Age	Belt	Male	Female	Age	Belt	Male	Female
6-7	All Belt	Under 52 lbs.	Under 52 lbs.	8-9	All Belt	Under 67 lbs.	Under 67 lbs.
		52.1-78 lbs.	52.1-78 lbs.			67.1-92 lbs.	67.1-92 lbs.
		Over 78 lbs.	Over 78 lbs.			Over 92 lbs.	Over 92 lbs.
10-11	All Belt	Under 78 lbs.	Under 78 lbs.	12-14	All Belt	Under 87 lbs.	Under 82 lbs.
		78.1-102 lbs.	78.1-102 lbs.			87.1 – 96 lbs.	82.1-91.2 lbs.
		Over 102 lbs.	Over 102 lbs.			96.1 – 105 lbs.	91.3 – 100.4 lbs.
15-17	Color Belts	Under 117 lbs.	Under 112 lbs.			105.1 – 114 lbs.	100.5 – 109.6 lbs.
		117.1-142 lbs.	112.1-138lbs.			114.1 – 123 lbs.	109.7 – 118.8 lbs.
		Over 142 lbs.	Over 138 lbs.			123.1 – 132 lbs.	118.9 – 128 lbs.
						Over 132 lbs.	Over 128

AGE 15-17 BLACK BELT

GYOROOGI: (Sparring)

Divisions	Men's Weight (lbs. & kegs)	Women's Weight (lbs. & kegs)
FIN	Under 99.2 lbs. (45kg)	Under 92.6 lbs. (42kg)
FLY	99.3 – 105.8 lbs. (45 – 48kg)	92.7 – 97.0 lbs. (42 – 44kg)
BANTAM	105.9 – 112.4 lbs. (48 – 51kg)	97.1 – 101.4 lbs. (44 – 46kg)
FEATHER	112.5 – 121.3 lbs. (51 – 55kg)	101.5 – 108.0 lbs. (46 – 49kg)
LIGHT	121.4 – 130.0 lbs. (55 – 59kg)	108.1 – 114.6 lbs. (49 – 52kg)
WELTER	130.1 – 138.9 lbs. (59 – 63kg)	114.7 – 121.3 lbs. (52 – 55kg)
LIGHT MIDDLE	139.0 – 149.9 lbs. (63 – 68kg)	121.4 – 130.0 lbs. (55 – 59kg)
MIDDLE	150.0 – 160.9 lbs. (68 – 73kg)	130.1 – 138.9 lbs. (59 – 63 kg)
LIGHT HEAVY	161.0 – 172.0 lbs. (73 – 78kg)	139.0 – 149.9 lbs. (63 – 68kg)
HEAVY	Over 172.1 lbs. (78kg)	Over 150 lbs. (68kg)

POOMSAE: (Form)

Dan	Division	Men's	Women's
1 st . Dan – 6 th . Dan	LIGHT	Under 105.8 lbs.	Under 97 lbs.
	L. MIDDLE	105.9-121.2 lbs.	97.1-108 lbs.
	MIDDLE	121.3-138.9 lbs.	108.1-121.2 lbs.
	L. HEAVY	139.0-160.9 lbs.	121.3-138.9 lbs.
	HEAVY	Over 160.9 lbs.	Over 138.9 lbs.

Adults National *Black Belt* Division (18-32)

GYOROOGI: (Sparring)

Divisions	Men's Weight (lbs. & kegs)	Women's Weight (lbs. & kegs)
FIN	Under 119.0 lbs. (54kg)	Under 101.4 lbs. (46kg)
FLY	119.1 – 127.9 lbs. (54 – 58kg)	101.5 – 108.0 lbs. (46 – 49kg)
BANTAM	128.0 – 138.9 lbs. (58 – 63kg)	108.1 – 116.9 lbs. (49 – 53kg)
FEATHER	139.0 – 149.9 lbs. (63 – 68kg)	117.0 – 125.7 lbs. (53 – 57kg)
LIGHT	150.0 – 163.1 lbs. (68 – 74kg)	125.8 – 136.7 lbs. (57 – 62kg)
WELTER	163.2 – 176.4 lbs. (74 – 80kg)	136.8 – 147.7 lbs. (62 – 67kg)
MIDDLE	176.5 – 191.8 lbs. (80 – 87kg)	147.8 – 160.9 lbs. (67 – 73 kg)
HEAVY	Over 191.8 lbs. (87kg)	Over 160.9 lbs. (73kg)

POOMSAE: (Form)

Dan	Divisions	Men's Weight (lbs.)	Women's Weight (lbs.)
1Dan – 6 Dan	LIGHT	Under 127.6 lbs.	Under 103.3 lbs.
	MIDDLE	127.7 – 147.4 lbs.	103.4 – 121.0 lbs.
	LIGHT HEAVY	147.5 – 171.6 lbs.	121.1 – 143.0 lbs.
	HEAVY	Over 171.6 lbs.	Over 143.0 lbs.

WT/ATU OFFICIAL POOMSAE

Black Belt Poomse (Form)	Color Belt Poomse (Form)
1 st - Koryo	Yellow - Taeguk & Palgwe 1-2
2 nd - Keumgang	Green - Taeguk & Palgwe 3-4
3 rd - Taeback	Blue - Taeguk & Palgwe 5-6
4 th - Pyung Won	Red - Taeguk & Palgwe 7-8
5 th - Sip Jin	
6 th - Ji Tae	

Ultra Divisions (Age: 33-40, 41-50, Over 50)

GYOROOGI (Sparring)

Rank	Age	Men's Weight (lbs)	Women's Weight (lbs)
All Belts	33- 40, 41-50	Under 127.6 lbs.	Under 112.2 lbs.
		127.7-147.4 lbs.	112.3-129.8 lbs.
	And	147.5-171.6 lbs.	129.9-147.4 lbs.
		Over 171.6 lbs.	Over 147.4 lbs.
	Over 50		

POOMSAE (Form)

Rank/Belt	Age	Divisions	Men's Weight(lbs)	Women's Weight
All Color Belts	33-40, 41-50	LIGHT	Under 158.4 lbs.	Under 138.6 lbs.
		HEAVY	Over 158.4 lbs.	Over 138.6 lbs.
1 st , 2 nd , 3 rd Dan and	And			
4 th Dan & Higher Dan	Over 50			

ADULTS COLOR BELT (Age: 18-32)

GYOROOGI (Sparring)

Men's Weight	Belt	Women's Weight
Under 127.9 lbs.	All Color Belts	Under 112.4 lbs.
128 -147.7 lbs.		112.5 -130.1 lbs.
147.8 -172.0 lbs.		130.2 -147.7 lbs.
Over 172.0 lbs.		Over 147.7 lbs.

POOMSAE (Form)

Division	Men's Weight	Belt	Women's Weight
LIGHT	Under 147.4 lbs.	All Color Belts	Under 129.8 lbs.
HEAVY	Over 147.4 lbs.		Over 129.8 lbs.

Breaking (All ages and belts)

Age	Belt	Male	Female	Age	Belt	Male	Female
4-5	All Belt	1-999 lbs.	1-999 lbs.	6-7	All Belt	Under 52 lbs.	Under 52 lbs.
						Over 52 lbs.	Over 52 lbs.
8-9	All Belt	Under 80 lbs.	Under 80 lbs.	10-11	All Belt	Under 90 lbs.	Under 90 lbs.
		Over 80 lbs.	Over 80 lbs.			Over 90 lbs.	Over 90 lbs.
12-14	All Belt	Under 108 lbs.	Under 97 lbs.	15-17	All Belt	Under 130 lbs.	Under 114.6 lbs.
		Over 108 lbs.	Over 97 lbs.			Over 130 lbs.	Over 114.6 lbs.
18-32	All Belt	Under 147.7	Under 130.1 lbs.	33-40	All Belt	Under 158.4 lbs.	Under 138.6 lbs.
		Over 147.7	Over 130.1 lbs.			Over 158.4 lbs.	Over 138.6 lbs.
41-50	All Belt	Under 158.4 lbs.	Under 138.6 lbs.	51-99	All Belt	Under 158.4 lbs.	Under 138.6 lbs.
		Over 158.4 lbs.	Over 138.6 lbs.			Over 158.4 lbs.	Over 138.6 lbs.



Demonstration Competition Rules

***More than 50% of the Demonstration members must participate in the individual event(s).
Masters are not allowed to be a demonstration team member.***

1. *Demonstration Time: Maximum of 6 minute*
2. *Number of team competitors: a minimum of 8 and a maximum of 30 members*
3. *Technical Regulations*
 - A. *Poomse, breaking, and self-defense elements are required.*
 - B. *Equipment and costumes can be chosen by the performers*
 - C. *There will be **NO** weapons allowed in the Demonstration.*
 - D. *Music and sound effects can be used*

Scoring:

1. *Each judge will score a maximum of 10 points for originality and 10 points for technique.*
2. *Seven judge will score each performance, with the highest and lowest scores excluded.*
3. *Deductions:*
 - A. *Exceeding time limit:*
 - a. *Over 6 minute will be a 5- point deduction from your overall score*
 - b. *Over 6 minute 30 second will be a 15- point deduction from your overall score*
 - c. *Over 7 minute will be disqualified.*
 - B. *Violating technical regulations*



2020 ATU National Championship Team Demonstration Competition Registration Form

Team Demonstration Fee is \$500 Make **Certified check** or **Money order** payable to **ATU** Deadline, May 17th.. 2020
Mail to: **ATU 7807 Montane Run Ct. Waxhaw, NC 28173**

Team Leader Information:

Name _____

School/State _____

Address _____

City _____ State _____ Zip _____

E-mail _____

LIABILITY WAIVER

In consideration of your acceptance of my registration, I do hereby, for my-self, heirs, executors and administrators waive, release and forever discharge any and all rights claims for damages which I may have, or which may occur to me, against The American TaeKwonDo United Inc. and for its state and district associations, 2020 American TaeKwonDo United Successors, and all members of the tournament, or their respective officers, agents, representatives, successors, and/or assigns, World Congress Center Atlanta, GA and against any competitors for any and all damages which may be sustained by me in connection with my association with my participation in or entry in the above athletic meet and competition, and in connection with any medical service I may be provided in connection with any such injury or illness. I understand that TaeKwonDo is a body contact sport and I further understand all contents of the 2020 rules and regulations and general information which was published by the sponsors and I agree with them in their entirety. I further understand that I may be dismissed from the premises without compensation or refund if my conduct is not courteous and cooperative for the successful operation of the championships.

Team Members List:

Name	Sign	Name	Sign
1.		21.	
2.		22.	
3.		23.	
4.		24.	
5.		25.	
6.		26.	
7.		27.	
8.		28.	
9.		29.	
10.		30.	
11.		31.	
12.		32.	
13.		33.	
14.		34.	
15.		35.	
16.		36.	
17.		37.	
18.		38.	
19.		39.	
20.		40.	



2020 AMERICAN TAEKWONDO UNITED SCHOOL (CLUB) MEMBERSHIP APPLICATION

School (Club) Information

School (Club) Information _____

Address _____

City / State / Zip _____

Telephone _____ Fax _____

Email _____

Web Site _____

School (Club) Owner's Information

Name: _____

Address: _____

Telephone: _____ E-mail: _____

Payment Information

Payment Type:

MC Visa AMEX Check

If you are paying by credit card, please complete the following:

Name on Card: _____

Billing Address: _____

Address: _____

City / State / Zip: _____

Credit Card # _____

Expiration Date ____ / ____ Security Code _____

Signature _____ Date _____

By signing above I agree to pay the total amount according to the card issuer agreement (or merchant account agreement) or payment terms set forth. Cancellations until December 31st, 2020 will be charged a \$ 100 fee.



2020 ATU National Championship Referee Registration Form

Please complete this form and mail to:

ATU

7807 Montane Run Ct. Waxhaw, NC 28173

ATU will provide the following with full day of Judging:

State Level Referee: \$50

IR: \$100

Please check the appropriate line(s):

_____ *I will be attending the Referee Seminar on May 22nd, 2020*

_____ I will be attending the Referee Meeting on May 23rd and 24th, 2020
At 7:30 am at the Tournament Site.

_____ I will be assisting as a Referee at the 2020 ATU National Taekwondo Championships

Last Name: _____ First Name: _____

City: _____ State: _____ Zip: _____

Telephone #: () _____ Age: _____ Date of Birth _____

Current Dan Rank: _____ Gender: Male _____ Female _____

Name of TKD School: _____

Signature of Applicant: _____ Date: _____



ATU Team Selection

Combined division winners from:

- the 12-14 & 15-17 year-old World Class Sparring Divisions
- 4 winners from the Sports Poomsae division (1 male, 1 female from the 12-14 year old age group and 1 Male, 1 Female from the 15-17 year old age group)
- Two pair poomsae team (1 from Cadet and 1 from the Junior Class division)

Will be sponsored by ATU and are eligible to participate in The Kimunyoung Cup International Championship.

Some important reminders:

- ***If an athlete fails to make weight, ATU will allow the athlete to **change their weight division at a fee of \$100.*****
- ***All World Class Sparring competitors please check your schedule at www.atuevents.info (find your match number in “Division” and then check “Match Status”)***
- ***On the 24th, all Sport Poomse competitors must arrive on the floor no later than 8:30 AM.***
- ***KP&P will be the official Hogu and E helmet for this event during the World Class competition.***
- ***All World Class Sparring, Sports Poomsae, Pair Poomsae and Team Poomsae competitors must be a member of ATU. You will be able to sign up as an ATU member during your online registration period.***

The 2020 ATU Team plans to participate in the 2020 Kimunyoung Cup Open Championship.

As we promised, we are working hard to support our athletes. This year ATU will **add \$500 for airfare in addition to last year’s benefits (hotel, team uniform, team gear, ground transportation, meals and participation fee). The \$500 airfare support only applies to the ATHLETES who attend in Korea Trip.**

This year, ATU decided, if any participants who did not make the ATU National team, but wishes to be a part of the 2020 ATU Team trip to Korea, and is willing to pay their own cost (Airfare + \$1,500) for the entire trip, we will include them as a part of the team.

***** The 2020 ATU Team will train with School Teams and Professional Teams in Korea. *****

This plan is subject to change depending on the current climate and situation on the Korean peninsula. If ATU decides not to make this Korea Trip, ATU will participate in the 2020 Canada Open. If we were to attend Canada Open as a team, ATU will cover all costs for the athletes attending.



Hotel Information

Westin Peachtree Plaza
210 Peachtree St. NW
Atlanta, GA 30303

Single Room - \$109 + tax
Double Room - \$119 + tax

Cut off date: April 30th.

Online Reservation: <https://book.passkey.com/e/50063554>

Phone Reservation: 1-888-627-7087
Reservation Code: ATU Event